

Resources for refugee workers

www.mmct.org – the site is under reconstruction but if you click on crisis debriefing you will find lots of helpful worksheets

www.thrive-worldwide.org – Reactions to Trauma and supporting volunteers handouts in English and Ukrainian. Stress management for those working in high stress environments

www.refugeehighway.net – home of the Refugee Highway Partnership

www.iafr – International Association for Refugees – see the Toolbox

www.headington-institute.org – free on line courses on vicarious trauma, trauma and crisis etc. self-analysis handouts on trauma, vicarious trauma and burnout

www.antaesfoundation.org – Managing stress in humanitarian workers

www.cricon.org – crisis consulting international resources for Christian agencies

www.membercaremedia.com – sections on cross-cultural issues, emotional health etc

www.theguardian.com – The secret life of a refugee support worker

www.tandfonline.com – The Experiences of staff working with refugees and asylum seekers in the UK – Guhan and Liebling-Kalifani

www.resourcecentre.savethechildren.net – training manual in psychological first aid with a focus on children.

www.humanitarian-psy.org – lots of resources and training

www.who.int – PFA – Psychological First Aid – a manual for teams and agencies, available in 16 languages

www.chsalliance.org – all People in Aid's papers, debriefing etc

www.NCTSN.org – National Child Traumatic Stress Network: Age related Reactions to a Traumatic event and other papers

[Mental Health and Psychosocial support for refugees, asylum seekers and migrants on the move in Europe: a multi-agency guidance note](#) – available from Antares, Save the children and others

www.konterragroup.net – Essential Principles in Staff Care (a good model to work from).

www.globalconnections.org.uk – guidelines for good practice in various subjects; papers from specialist forums